

## *Faith Keys For Meditation*

The Word is designed for meditation. Meditation of the Word bypasses your soulish and mental capacities. Now the Word is not regulated to what you think or feel, but strictly based on what God says as received by your spirit through meditation. Meditation causes the Word to form and grow a new image on the inside of you, that if nurtured through continued meditation it will become your truest reality. This reality will replace distorted images within you. So, an image of failure and sickness can be replaced with an image of success and divine health through meditation of the Word.

### **Hide The Word**

#### **Proverbs 2:1-6, Psalms 119:11**

- When the Word is hidden with you; there is a natural inclination to do the right thing. It is not a struggle to do what is right
- The Word that is in your heart must be guarded and protected at all cost

### **Keep The Word**

#### **Proverbs 7:1-3, Psalms 119:101**

- Much affliction in our lives can be attributed to our going astray from and not keeping the Word of God
- As we depart from the Word we automatically qualify as a fool. Fools have a hard way to go.

### **Delight In The Word**

#### **Psalms 119:16, Psalms 37:4**

- To delight in the Word means to make yourself soft or pliable toward the Word
- The reward of your heart's desires comes to you when you will turn in delight toward the Word [become responsive to the Word]